



2023 REGION 9 ELITE TEAM SELECTION PROCEDURES

The USA Gymnastics Junior Elite National Team Program has two goals. One is the recognition of competitive excellence through national team participation and the other is raising the standard of excellence in international competition through the educational process.

The Junior National Team Program ultimately exists for the specific purpose of identifying and preparing athletes to compete for the United States in international competition. While the program can and should impact the development of all competitive gymnasts in the United States, the focus of the National Team Program is development of the elite gymnast. The National Team Program seeks to create a year-round competitive and educational support system for coaches and athletes.

As an extension of the aforementioned objectives, the **ELITE TEAM CUP** is an opportunity for Region 9 to participate in a competitive experience meant to inspire the development of our best junior athletes while also nurturing the necessary team concept essential to both domestic and international success. The competition format is 6/5/4 (6-man team, 5 up/4 count), but all 6 will be allowed to perform on every event to count towards individual results.

SELF FUNDED

This year's ETC will be a self-funded event, so please share that information with your athletes and families when making the decision to participate in the selection process. Selected athletes will be responsible for all their own travel related costs and arrangements. Personal coaches are welcome, but at their or the athletes own expense as well. Uniforms will be provided by Region 9.

SELECTION PROCESS

All submitted routines must be performed on hard ground landings. An independent two judge panel will score the submitted routines using Jr. FIG rules. Final results from the two required submissions will be used to select a **6-man traveling team, and up to 2 non-traveling alternates**. The Head Coach will be assigned after the team selection. The final competitive line up will be determined after podium training at the Elite Team Cup.

In order to have an athlete be considered for the 2023 Region 9 Elite Team Cup, coaches must submit the following to the Regional Chairman:

1. Athletes name, level and **complete** all-around routine sheets
THE DEADLINE FOR THIS SUBMISSION IS DECEMBER 15TH, 2022
2. Recorded routines from a **single** day "intra-squad" in your gym (or a sanctioned competition)
Individual routines from multiple days will not be accepted
THE DEADLINE FOR THIS SUBMISSION IS JANUARY 8TH, 2023
3. Recorded full routines from a USAG sanctioned competition (Only for athletes that qualify from the first video submission)
THE DEADLINE FOR THIS SUBMISSION IS JANUARY 23, 2022